

Wisconsin Track Club  
Summer Track Series Meet #3

July 13 2023: Sun Prairie East HS

Track event:	first heat:
80H	5:30
100H	5:40
110H	5:53
100	6:00
50-yard fun run	6:55
400H/200H	7:00
800	7:15
4x100	7:30
400	8:05
3200	8:35
4x400	9:00

Field Event:	first flight:
LJ	5:30
PV	5:30
HJ	5:40
TJ	8:15
SP	5:30
DT	5:30

Wisconsin Track Club  
Dane County Championships

Saturday, July 22 2023: Sun Prairie West HS

Track events: Rolling schedule

3200	9:30 AM
80H	
100H	
110H	
100	
400H	
200H	
1600	
400	
800	
4x100	
200	
4x400	

Field events: First flight

LJ, SP, HJ, PV	9:30
DT	12:30
TJ	12:30