



PANTHER TUNEUP

- Date:** Saturday, February 16, 2019
- Teams:** Open to teams and unattached entries
- Location:** Klotsche Center Fieldhouse, 3409 N Downer Ave, Milwaukee, WI 53211
- Entries:** All entries shall be completed on www.directathletics.com
Unlimited entries per event
Unattached entries allowed but must be completed on www.directathletics.com
- Entry Deadline:** Wednesday, February 13, 2019 at 12:00pm at www.directathletics.com
- Final Schedule:** A final event schedule & heat sheets will be posted by 12:00pm, Thursday, February 14, 2019
- Entry Fee:** \$200/gender (\$400 for combined program) – 14 entries per gender constitute a team
****If under 14 entries as a team, \$20/individual entry****
\$20/unattached entry (unlimited events)
Cash or check (made payable to **UW-Milwaukee Athletics**)
- Scoring:** Non-scoring competition
- Facility:** 200m flat track (Mondo), 4 lane straightaway and 4 lane oval
LJ/TJ Runway over 150' long
LJ has 11' wood board / TJ has painted 28', 32', 36', 40', 44' boards
HJ apron is 20' wide on each side and 75' deep
Wood weight throw and shot put ring
- Spikes:** ONLY ¼" pyramid spikes allowed
- Weigh-In:** Implement weigh-in will be located by throwing cage beginning at 9:00am
- Check-in:** **Running Events:** Check-in no later than 15min prior to event start at Clerking Table by 1st turn
Field Events: Check-in no later than 30min prior to event start at field event site
- Field Events:** LJ/TJ/Shot Put/Weight Throw – 3 preliminary attempts / Top 9 to finals
HJ/PV – Starting heights determined after reviewing entries
- Running Events:** Heats will run from fast to slow
60m & 60m Hurdles Preferred Lanes: 2-3-1-4
200m & 400m Preferred Lanes: 3-4-2-1
- Trainers:** Available beginning one hour prior to the start of the competition. If you have any special needs, please contact Emily Leskovicz (leskovic@uwm.edu) or Chad Henneberry (crh2@uwm.edu) prior to meet
- Results:** Results can be found at www accuracetimeing.com or www.mkepanthers.com after meet

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TRACK & FIELD

PANTHER TUNE-UP **TENTATIVE Schedule of Events**

FIELD EVENTS

- 10:00 am M Shot Put (W Shot Put to follow)
*M Weight to follow W Shot Put
*W Weight to follow M Shot Put
- 10:00 am W High Jump (M High Jump to follow)
- 10:00 am M Long Jump (W Long Jump to follow)
*M Triple Jump to follow W Long Jump
*W Triple Jump to follow M Triple Jump
- 10:00 am W Pole Vault (M Pole Vault to follow)

TRACK EVENTS (Running events begin after conclusion of all field events)

- TBD W Mile Run
M Mile Run
W 60m Hurdles
M 60m Hurdles
W 400m Dash
M 400m Dash
W 60m Dash
M 60m Dash
W 800m Run
M 800m Run
W 200m Dash
M 200m Dash
W 3000m Run
M 3000m Run
W 4x400m Relay
M 4x400m Relay