



# Wisconsin Track Club Performance List: Women's Track and Field Outdoor 2017



100m	Time	Meet
Laura Canapa	13.90	NIRCA Nationals 4/9
Kate Abbott	14.37	Carroll Invite 4/1
Nia Cayenne	14.42	NIRCA Nationals 4/9
Jordyn Riemer	14.59	NIRCA Nationals 4/9

200m	Time	Meet
Estrella Tesch	28.10	Eagle Open 5/12
<b>Angie Konicek (9th)</b>	<b>28.71</b>	<b>NIRCA Nationals 4/8</b>
Laura Canapa	28.91	NIRCA Nationals 4/8
Jordyn Riemer	29.84	NIRCA Nationals 4/8
Kate Abbott	30.37	NIRCA Nationals 4/8
Nia Cayenne	30.75	NIRCA Nationals 4/8
Zoe Panos	30.90	St. Norbert Invite 4/22
Karli Fink	31.56	NIRCA Nationals 4/8
Lexi Hilton	32.79	Carroll Invite 4/1

400m	Time	Meet
Madeleine Pape	59.00	Carroll Invite 4/1
Hanna Docter	1:00.54	Carroll Invite 4/1
<b>Hanna Docter (3rd)</b>	<b>1:00.95</b>	<b>NIRCA Nationals 4/8</b>
Estrella Tesch	1:05.11	St. Norbert Invite 4/22
Sara Kaiser	1:05.66	NIRCA Nationals 4/8
Angie Konicek	1:05.70	NIRCA Nationals 4/8
Zoe Panos	1:08.66	Carroll Invite 4/1
Lexi Hilton	1:13.54	Carroll Invite 4/1

Triple Jump	Distance	Meet
Nia Cayenne	8.83m	NIRCA Nationals 4/8
Natalie Tufvesson	8.74m	NIRCA Nationals 4/8
Kate Abbott	8.50m	NIRCA Nationals 4/8

Shot Put	Distance	Meet
Stephanie Rink	4.87m	NIRCA Nationals 4/8

800m	Time	Meet
Madeleine Pape	2:11.73	Eagle Open 5/12
<b>Madeleine Pape (1st - Meet Record)</b>	<b>2:16.47</b>	<b>NIRCA Nationals 4/8</b>
Hanna Docter	2:20.60	Carroll Invite 4/1
Zoe Panos	2:27.10	Eagle Open 5/12
Kayla Bauhs	2:33.39	Carroll Invite 4/1
Kate Abbott	2:33.96	NIRCA Nationals 4/8
Sarah Arndt	2:39.77	Carroll Invite 4/1
Estrella Tesch	2:40.75	NIRCA Nationals 4/8

1500m	Time	Meet
Madeleine Pape	4:37.17	LAX Qualifier 5/18
<b>Madeleine Pape (1st - Meet Record)</b>	<b>4:45.42</b>	<b>NIRCA Nationals 4/9</b>
Zoe Panos	5:02.15	St. Norbert Invite 4/22
Stephanie Rink	5:17.07	NIRCA Nationals 4/9
Kayla Bauhs	5:20.54	Carroll Invite 4/1
Megan Buechel	5:22.76	NIRCA Nationals 4/9

5000m	Time	Meet
Megan Buechel	19:09.52	Carroll Invite 4/1
Hannah Sorensen	20:54.39	Carroll Invite 4/1

100m Hurdles	Time	Meet
Angie Konicek	18.41	NIRCA Nationals 4/8

Long Jump	Distance	Meet
Estrella Tesch	4.79m	St. Norbert Invite 4/22
<b>Estrella Tesch (5th)</b>	<b>4.76m</b>	<b>NIRCA Nationals 4/9</b>
<b>Natalie Tufvesson (7th)</b>	<b>4.64m</b>	<b>NIRCA Nationals 4/9</b>
Sarah Arndt	4.30m	Carroll Invite 4/1
Nia Cayenne	3.86m	NIRCA Nationals 4/9
Jordyn Riemer	3.45m	NIRCA Nationals 4/9

4x100m Relay	Time	Meet
<b>Team 1: (7th)</b>	<b>53.9</b>	<b>NIRCA Nationals 4/8</b>
Jessica Robinson	14.12	
Nia Cayenne	13.49	
Jordyn Riemer	13.44	
Laura Canapa	12.85	

4x400m Relay	Time	Meet
<b>Team 1: (1st - Meet Record)</b>	<b>4:04.46</b>	<b>NIRCA Nationals 4/9</b>
Sara Kaiser	1:02.50	
Angie Konicek	1:02.50	
Hanna Docter	59.00	
Madeleine Pape	1:00.46	
<b>Team 2:</b>	<b>4:34.09</b>	<b>NIRCA Nationals 4/9</b>
Zoe Panos	1:06.51	
Estrella Tesch	1:07.06	
Laura Canapa	1:11.07	
Kate Abbott	1:09.45	

4x800m Relay	Time	Meet
<b>Team 1: (1st)</b>	<b>9:44.14</b>	<b>NIRCA Nationals 4/8</b>
Sara Kaiser	2:26.18	
Zoe Panos	2:32.01	
Hanna Docter	2:23.13	
Madeleine Pape	2:22.82	

High Jump	Height	Meet
<b>Estrella Tesch (5th)</b>	<b>1.42m</b>	<b>NIRCA Nationals 4/8</b>
Nancy Vo	1.40m	Carroll Invite 4/1
Sara Kaiser	1.32m	NIRCA Nationals 4/8
Karli Fink	1.32m	NIRCA Nationals 4/8