NIRCA All-Region

Anderson, Rachel 2<sup>nd</sup>
McKay, Lauren 3<sup>rd</sup>
Lonchampt, Paola 10<sup>th</sup>



## Wisconsin Track Club Performance List: Women's Cross Country 2016

	Intra-Squad 5k (9/9)	Border Battle 10K (9/17)	Griak Invite 6k (9/23)	Gene Davis Invite 6k (10/8)	UW-Oshkosh 6k (10/15)	NIRCA Regionals 6k (10/23)
Anderson, Rachel			24:11 (36th)			23:45 (2nd)
Abbott, Kate		51:21 (14th)				
Bauhs, Kayla	22:43 (10th)		28:00 (279th)	25:34 (26th)		26:30 (29th)
Buechel, Megan	21:41 (4th)					27:22 (48th)
Cranny, Emily					25:11 (255th)	
Ducheny, Amber			30:43 (361st)			
Haupert, Cierra			29:57 (348th)	26:56 (55th)		27:49 (53rd)
Heinemann, Maggie			29:33 (337th)		26:57 (396th)	
Jindra, Morgan				26:53 (53rd)		28:12 (60th)
Kaiser, Sara	22:19 (5th)	45:58 (7th)	28:12 (289th)			
Keller, Anna		43:47 (2nd)	26:59 (221st)	25:48 (28th)		
Konicek, Angie	25:54 (12th)					
Lonchampt, Paola	20:31 (2nd)		26:26 (189th)		23:54 (136th)	25:22 (10th)
MacKinnon, Alyssa						28:55 (70th)
Marz, Sam	22:44 (11th)	45:42 (6th)	29:35 (338th)	26:45 (50th)	26:55 (394th)	29:14 (74th)
McKay, Lauren	20:04 (1st)		25:15 (96th)			23:53 (3rd)
Miller, Aubre	22:28 (6th)		28:06 (282nd)	25:50 (29th)	26:23 (356th)	26:14 (21st)
Moulsoff, Maleta	22:36 (7th)		29:08 (323rd)	25:55 (32nd)	26:17 (348th)	27:25 (51st)
Murray, Becca						28:55 (71st)
Panos, Zoe	21:12 (3rd)	45:19 (5th)	29:40 (340th)	24:29 (15th)	24:38 (208th)	26:29 (28th)
Pape, Madeleine					24:57 (234th)	
Recob, Gabriella	22:40 (8th)			26:20 (39th)		
Reinhoffer, Alison			29:28 (333rd)			

Rink, Stephanie		42:36 (1st)	25:58 (151st)	24:24 (13th)	24:11 (169th)	
Ross, Joie	22:42 (9th)		31:06 (367th)	26:40 (48th)	26:34 (369th)	27:55 (56th)
Shortreed, Cecilia					26:26 (360th)	
Twombly, Tegan			28:30 (302nd)	25:40 (27th)		
Weiler, Sam				26:28 (43rd)		



ntra-Squad 5k (9/9)	No Team Score
McKay, Lauren	20:04 (1st)
Lonchampt, Paola	20:31 (2nd)
Panos, Zoe	21:12 (3rd)
Buechel, Megan	21:41 (4th)
Kaiser, Sara	22:19 (5th)
Miller, Aubre	22:28 (6th)
Moulsoff, Maleta	22:36 (7th)
Recob, Gabriella	22:40 (8th)
Ross, Joie	22:42 (9th)
Bauhs, Kayla	22:43 (10th)
Marz, Sam	22:44 (11th)
Konicek, Angie	25:54 (12th)

Border Battle 10K (9/17)	1st/2 21 Points
Rink, Stephanie	42:36 (1st)
Keller, Anna	43:47 (2nd)
Panos, Zoe	45:19 (5th)
Marz, Sam	45:42 (6th)
Kaiser, Sara	45:58 (7th)
Abbott, Kate	51:21 (14th)

Griak Invite 6k (9/23)	23rd/40 618 Points
Anderson, Rachel	24:11 (36th)
McKay, Lauren	25:15 (96th)
Rink, Stephanie	25:58 (151st)
Lonchampt, Paola	26:26 (189th)
Keller, Anna	26:59 (221st)
Bauhs, Kayla	28:00 (279th)
Miller, Aubre	28:06 (282nd)
Kaiser, Sara	28:12 (289th)
Twombly, Tegan	28:30 (302nd)
Moulsoff, Maleta	29:08 (323rd)
Reinhoffer, Alison	29:28 (333rd)
Heinemann, Maggie	29:33 (337th)
Marz, Sam	29:35 (338th)
Panos, Zoe	29:40 (340th)
Haupert, Cierra	29:57 (348th)
Ducheny, Amber	30:43 (361st)
Ross, Joie	31:06 (367th)
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Gene Davis Invite 6k (10/8)	3rd/9 77 Points
Rink, Stephanie	24:24 (13th)
Panos, Zoe	24:29 (15th)
Bauhs, Kayla	25:34 (26th)
Twombly, Tegan	25:40 (27th)
Keller, Anna	25:48 (28th)
Miller, Aubre	25:50 (29th)
Moulsoff, Maleta	25:55 (32nd)
Recob, Gabriella	26:20 (39th)
Weiler, Sam	26:28 (43rd)
Ross, Joie	26:40 (48th)
Marz, Sam	26:45 (50th)
Jindra, Morgan	26:53 (53rd)
Haupert. Cierra	26:56 (55th)

UW-Oshkosh 6k (10/15)	No Team Score
Lonchampt, Paola	23:54 (136th)
Rink, Stephanie	24:11 (169th)
Panos, Zoe	24:38 (208th)
Pape, Madeleine	24:57 (234th)
Cranny, Emily	25:11 (255th)
Moulsoff, Maleta	26:17 (348th)
Miller, Aubre	26:23 (356th)
Shortreed, Cecilia	26:26 (360th)
Ross, Joie	26:34 (369th)
Marz, Sam	26:55 (394th)
Heinemann, Maggie	26:57 (396th)

## 1st Annual Cow Mile (10/2)

Docter, Hanna		
Konicek, Angie		
Kaiser, Sara	13:22 (3rd)	



## NIRCA Regionals 6k (10/23) 2nd 23:45 (2nd) Anderson, Rachel McKay, Lauren 23:53 (3rd) Lonchampt, Paola 25:22 (10th) Miller, Aubre 26:14 (21st) 26:29 (28th) Panos, Zoe 26:30 (29th) Bauhs, Kayla Buechel, Megan 27:22 (48th) Moulsoff, Maleta 27:25 (51st) 27:49 (53rd) Haupert, Cierra Ross, Joie 27:55 (56th) Jindra, Morgan 28:12 (60th) MacKinnon, Alyssa 28:55 (70th) Murray, Becca 28:55 (71st)

Marz, Sam

29:14 (74th)